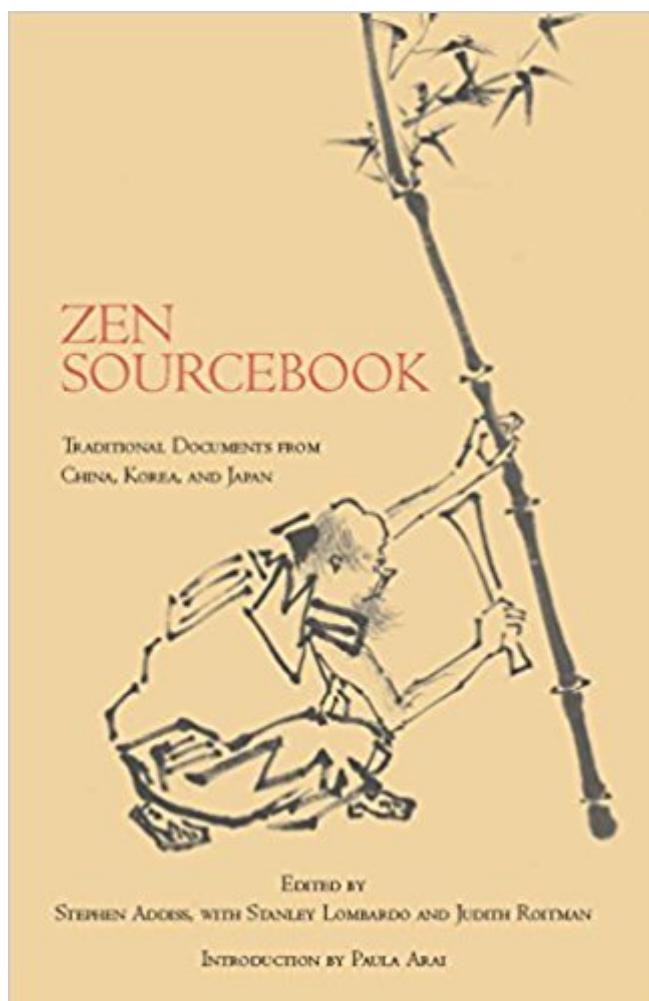


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Zen Sourcebook: Traditional Documents From China, Korea, And Japan



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"Featuring a carefully selected collection of source documents, this tome includes traditional teaching tools from the Zen Buddhist traditions of China (Chan), Korea (Son), and Japan (Zen), including texts created by women. The selections provide both a good feel for the varieties of Zen and an experience of its common core. . . . The texts are experiential teachings and include storytelling, poetry, autobiographies, catechisms, calligraphy, paintings, and koans (paradoxical meditation questions that are intended to help aspirants transcend logical, linguistic limitations). Contextual commentary prefaces each text. Wade-Giles transliteration is used, although Pinyin, Korean, Japanese, and Sanskrit terms are linked in appendixes. An insightful introduction by Arai contributes a religious studies perspective. The bibliography references full translations of the selections. A thought-provoking discussion about the problems of translation is included. . . . Summing Up: Highly recommended. All levels." --Choice

Book Information

Paperback: 312 pages

Publisher: Hackett Publishing Company, Inc. (February 15, 2008)

Language: English

ISBN-10: 0872209091

ISBN-13: 978-0872209091

Product Dimensions: 0.8 x 5.5 x 8.5 inches

Shipping Weight: 14.4 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 12 customer reviews

Best Sellers Rank: #169,448 in Books (See Top 100 in Books) #52 in Books > History > World > Religious > Buddhism #80 in Books > History > Asia > Korea #164 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Zen > Philosophy

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